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The Dance Magazine

Magazine for ballroom dancers



Folk dancing in Het Hof (Dordrecht)

Photo: Fred Bolder

The Dance Magazine

The Dance Magazine is a free magazine made for and made by ballroom dancers. You can read about ballroom dancing and other dance styles. We also give you the opportunity to put your add or messages in it. You can send them to me by e-mail.

The Dance Magazine is an edition from Fred Bolder's Ballroom Site

Url: <http://www.xs4all.nl/~fghb/ballroom.htm> or
<http://move.to/stijldansen>

e-mail: fghb@xs4all.nl

You can download this magazine as a Word-file for free.

The Dance Magazine also has its own domain.

url: <http://www.dansblad.nl>

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The last magazine

By: Fred

This is the last English version of the dance magazine. It is too much work to translate the Dutch dance magazines. We hope that you enjoyed reading the magazines.

If you still want to be able to read the magazines, the site below can be used to translate.

<http://babelfish.altavista.com/>

The translation will contain a lot of mistakes, but I think that you can understand most of it. We will also stop writing Dutch dance magazines. The last magazine will appear in January 2008.

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Dance notation – part 5

By: Fred

In the previous parts I have explained the basics of Labanotation. A dance notation which looks even more like sheetmusic is Romanotation. Romanotation is especially used for folk dance. In a lot of folk dance books, Romanotation is only used as additional information on the step descriptions, but Romanotation is just like Labanotation very extended and you can read everything from it. By a combination of the step description and Romanotation, people who are not familiar with Romanotation nevertheless can see what is meant and at the same time they learn some Romanotation symbols. Generally the meaning of those symbols is explained. Particularly the direction symbols are used in step descriptions.

The direction symbol indicates the movement direction as well as the body position (facing direction). The arrow indicates the movement direction and the short hyphen indicates the facing direction. Direction 3 (see figure 1) is the line of dance. When the facing direction is in opposite to the movement direction or the facing direction is the same as the movement direction, the short hyphen is drawn differently, because otherwise it would be impossible to see which body position is meant. In figure 2 you can see how the direction symbol is drawn depending on the movement direction and the body position. When the short hyphen crosses the arrow, the body position is in opposite to the movement direction. Direction 7 is in opposite to direction 3.

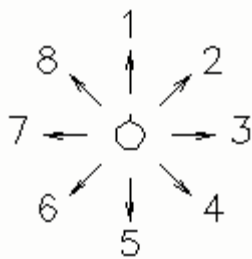
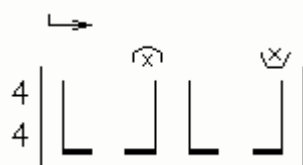


Figure 1

		body position							
		1	2	3	4	5	6	7	8
movement direction	1	↑	↑	↑	↑	↑	↑	↑	↑
	2	↗	↗	↗	↗	↗	↗	↗	↗
	3	→	→	→	→	→	→	→	→
	4	↘	↘	↘	↘	↘	↘	↘	↘
	5	↓	↓	↓	↓	↓	↓	↓	↓
	6	↙	↙	↙	↙	↙	↙	↙	↙
	7	←	←	←	←	←	←	←	←
	8	↖	↖	↖	↖	↖	↖	↖	↖











Figure 2



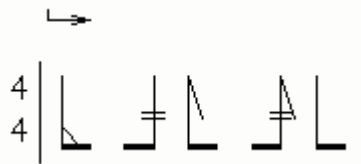
This is an example of Romanotation. We read Romanotation just like sheet music from left to right. The direction symbol indicates that you are moving in the line of dance and that you are facing the center of the circle, so you are stepping to the side. You must keep this direction until the next direction symbol. With Romanotation it

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is also possible to indicate the positions of the men and/or women. In this example we dance to music in 4/4 time. This means that there are four beats in one measure and that a quarter note takes the beat. As you can see, the foot symbols look like music notes. Here is a table with the most used foot symbols with the associated note values.

Note value	LF	RF
1		
1/2		
1/4		
1/8		
1/16		

The flags are often drawn as real music note flags, but with simple slanting hyphens you are able to notate a dance faster. There are only quarter notes used in this example. Step to the side with your right foot. The symbol above the next foot symbol means that you have to cross in front. Cross your left foot in front of your right foot. Step to the side with your right foot. The symbol above the next foot symbol means that you have to cross behind. Cross your left foot behind your right foot. Here is another example.



The slanting hyphen in the first foot symbol means a big step, so you take a big step to the side with your right foot. The two horizontal hyphens in the next foot symbol indicate that the foot must close to the other one, so you close your left foot to your right foot. The

next foot symbol has one flag, so the note value is 1/8. This step to the side with your right foot is two times faster than the previous step. The next step is also fast. You close your left foot to your right foot. The last step to the side with your right foot is slow, just like the first two steps in this example. You dance side-close-side-close-side with the rhythm 1 2 3 & 4. Of course there are a lot more Romanotation symbols. Visit the sites below if you want to learn them.

Links

- <http://www.eliznik.org.uk/dance/romanotation/romanotation.htm>
- <http://www.floricica.de/folklore/dances/symbols/romanotation.htm>
- <http://theodorandlia.go.ro/notation.htm>

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French ballroom dance music titles

By: Fred

On request here is some French ballroom dance music. Read magazine number 85 for more.

Les yeux bleus pleurant sous la pluie.....	Francis Cabrel.....	Slowfox.....	27
Les Champs-Élysées	Joe Dassin.....	Slowfox.....	28
Bye bye mon cowboy.....	Mitsou.....	Cha Cha Cha.....	33
Parfum du passé	Les B.B.	Rumba.....	25
Superficiel	Blue Oil.....	Jive.....	42
Où sont passés les vrais rebelles	Gaston Mandeville.....	Quickstep	53
A force d'aimer.....	Robert Sart.....	Rumba.....	24
Simplement tout	Isabelle Boulay	Slow waltz.....	31
Sur mon bateau.....	Alain Morisod.....	Cha Cha Cha.....	31
Alive Alive O	Alain Morisod.....	Slow waltz.....	32
De retour à la source.....	Isabelle Boulay	Slow waltz.....	31
La bande à Bonnot.....	Joe Dassin.....	Slowfox.....	30
L'homme de ma vie	Lorie.....	Rumba.....	27
Valses en robe de bal.....	Richard Abel.....	Viennese waltz.....	54
La Spagnola.....	Richard Abel.....	Viennese waltz.....	60
Gourmandises.....	Alizée.....	Cha Cha Cha.....	31
Hey! Amigo!	Alizée.....	Rumba.....	24
Femme de rêve (duo avec Corneille)	Claude Dubois	Slowfox.....	30
Quand le soleil.....	Renée Martel.....	Slowfox.....	28
Bonsoir mon amour.....	Renée Martel.....	Viennese waltz.....	61

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Nice links

By: Fred

How to Ballroom Dance

<http://www.wikihow.com/Ballroom-Dance>

Information about ballroom dancing

Learning2dance

<http://www.learning2dance.com/>

Some free dance lessons

Flamenco photos

<http://www.flamenco.nl/foto/>

<http://gala.nenko.net/Concert2005/index.html>

Ballroom dance video clips

<http://www.vivadance.net/ourstudents.asp>

Ballroom dance photos

<http://www.flickr.com/photos/laohaiying/sets/72157600151863659/>

Cheerleader movies

Bring it on (2000)

<http://www.imdb.com/title/tt0204946/>

<http://movies.yahoo.com/movie/1800420528/info>

<http://www.moviemeter.nl/film/157>

<http://www.geocities.com/ranchocarnehigh/>

Sugar & Spice (2001)

<http://www.imdb.com/title/tt0186589/>

Bring it on again (2004)

<http://www.imdb.com/title/tt0334965/>

Man of the house (2005)

<http://www.imdb.com/title/tt0331933/>

<http://www.moviemeter.nl/film/27638>

Bring it on – All or nothing (2006)

<http://www.imdb.com/title/tt0490822/>

<http://www.bringitonmovie.com/>